

Join us in a stompin' out stigma walk with

Pokemon

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What is it? **COME ONE, COME ALL!! THIS POKEMON EVENT IS TO ENCOURAGE COMMUNITY MEMBERS TO COME TOGETHER AND PROMOTE MENTAL HEALTH THROUGH BEING ACTIVE, CONNECTING WITH OTHERS, and of course, BATTLING!**

When is it? **THURSDAY, SEPTEMBER 8th FROM 5:00pm-6:30**

Where do we meet? **WE WILL MEET AT MILE ZERO. BRING YOUR WALKING SHOES AND SMARTPHONES WITH THE APP ALREADY DOWNLOADED.**

What if you don't have a phone? **NO PROBLEM! WE WILL HAVE A LIMITED NUMBER OF PHONES THAT YOU CAN BUDDY UP WITH!**



THIS EVENT IS HELD BY ISLAND COMMUNITY MENTAL HEALTHS GROW PROGRAM

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